

Build a bridge, save a life.

# News From The Bridge March-April 2020

# Breast Cancer Didn't Get The COVID-19 Shelter In Place Message!

Breast Cancer doesn't care about the shelter in place and therefore women are still contacting us daily for services. Bridge Breast Network is still open (modified schedule) and providing the much needed services to our clients.

### Our Business Hours during the Shelter in Place is

Monday - Friday: 8:30AM - 1:30PM

In order for us to continue to provide services for our clients, we are asking for your help by donating some much needed essential supplies to keep us safe during this pandemic:

-Hand Sanitizer

-Gloves

-Masks

You can order online using AmazonSmile for even bigger savings and donations. Please send these much needed items to the following address:

**Bridge Breast Network** 

Attn: Wishlist Donations

4000 Junius Street Dallas, Texas 75246

## SHARE THE LOVE

## National Minority Health Month 2020



It's National Minority Health Month! This year, the HHS Office of Minority (OMH) invites everyone to join #ActiveandHealthy, a national social media

campaign that will focus on the steps we can take every day in and around the house to keep our minds and bodies active. The campaign has daily themes that encourage physical activity, healthy eating habits and mental wellness.

Click the link below for more information about National Minority Health Month.

For More Information

Daily themes include: Wellness Mondays

Trivia Tuesdays

Work Out Wednesdays

**Throwback Thursdays** 

**Family Fridays** 

Spotlight Saturdays

**Empowerment Sundays** 









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#### **Manage Your Subscription**

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