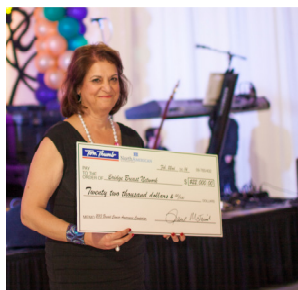


*Build a bridge, save a life.*

## Party Goers Enjoy A Night of Fun and Fundraising For A Cause

Over 200 party goers celebrated while raising funds at Million Air Dallas in Addison at The Bridge Breast Network's 2014 Mardi Gras Party & Auction. The event was lively and festive as guests danced and sang karaoke to the music of the band **Time Machine**. "This was our first Mardi Gras event and it was a great success" commented Jill Tillery. The event raised over \$107,000, in addition to the \$22,000 donation from **Tom Thumb Food and Pharmacy**. Funds raised will be used to support our mission of saving lives in North Texas by providing breast cancer diagnostic and treatment services



to individuals who are uninsured or underinsured. Help is still needed to serve the over 200 women awaiting services through our program. Your continued support makes a difference. **We are also looking for volunteers to help plan our 2015 event. Email: [info@bridgebreast.org](mailto:info@bridgebreast.org) to sign up.**



### Event Sponsors



## Provider Spotlight Digital Mammography of Northeast Texas

3170 Clarksville Street, Paris, TX 75460

Digital Mammography of Northeast Texas is a full service breast care facility providing a wide variety of services including state-of-the-art full field digital mammography, breast sonograms, and a variety of interventional breast procedures including stereotactic biopsies. Digital Mammography is located in Paris, Texas about 100 miles northeast of Dallas. Dr. Steven J. Clifford, Radiologist, and native of Paris, Texas leads the Digital Mammography team. "We understand how important it is for you and your doctor to receive prompt, accurate results. We staff our offices with board certified radiologists who offer a wide spectrum of experience and training. They are assisted by specially trained radiologic technologists, who are certified in specific areas of expertise." Digital Mammography of Northeast Texas joined the Bridge Breast Network medical provider network in 2013 and received the **2014 Bridge Builders Society Founders Award** for their dedication to our founders mission.

## Health & Wellness Corner

### Think Rainbow Effect Every Day!

Research shows that **carotenoids** (*ca-rot-e-noid*) found in fruits and vegetables such as leafy greens, carrots and red peppers PLUS the **phytonutrients** (*phy-to-nu-tri-ent*) sulforaphane (think broccoli, cauliflower) and lycopene (the chemical that gives tomatoes their red color) can contribute to your "rainbow effect" of daily eating and **proactively** aid in improving health and lowering risk of all types of cancers. As summer approaches think about filling your plate with your favorite rainbow of these nutritious options daily-get your kids to help you be creative. Even better? Fruits and vegetables are naturally high in fiber and low in fat and calories-additional keys to maintaining weight and improving your overall health from the inside out.

*"Take care of your body. It's the only place you have to live." ~Jim Rohn*

Health & Wellness Corner written by Kimberly Young, M.S. a practicing nutritionist in Dallas. Get to know her at [kyoungnutrition.com](http://kyoungnutrition.com)

SAVE THE DATE

**NORTH TEXAS GIVING DAY**  
September 18, 2014  
*6am to midnight*

### Board of Directors

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For more information on the Bridge Breast Network visit: [www.bridgebreast.org](http://www.bridgebreast.org)